



Plainview-Old Bethpage



Girls' Indoor Track School Records

<u>Event</u>	<u>Name</u>	<u>Time</u>	<u>Year</u>
55 m	E.Otaka	7.5	2010
55 Hurdles	L.Solomon	9.8	2007
300 m	B.D' Angelis	44.9	2009
600 m	Jen Wallach (8th Grade)	1:46.7	2012
800 m	Barbara .Rabinovici	2:39	1993
1000m	Sinead Heaney	3:16.39	2019
1500m	Sinead Heaney	4:58.67	2019
1600 m	Sinead Heaney	5:25.87	2019
3000 m	Sinead Heaney	11:14.90	2019
1500 m Walk	V. Smith	8:04	2007
Shot Put	E. Park	28'1 ¼"	2013
Triple Jump	Allison Gungor	33' 5 ½"	2012
Long Jump	Allison Gungor	16' 1 ¾"	2012
High Jump	A.Gungor L.Solomon	4'10"	2012 2009
Pole Vault	A. Kim J. Pantell	8'6"	2018 2015
Weight Throw	Samantha Olivia	25'5"	2019
4 x 200 Relay	E Otaka A Austria J Passes B.D' Angelis	1:57.3	2009
4 x 800 relay	S Heaney J Wernow A Lederer L Chavez	10:30.25	2018
DMR	S Heaney J Wernow A Lederer L Chavez	13:45.57	2018
4 x 400	J Wallach B Nickel M Fiume A Gungor	4:35.8	2012
Mile Medley	A Joe T Pritchard C Krammerer M Jarchin	5:05	2001



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Boys' Indoor Track School Records

<u>Event</u>	<u>Name</u>	<u>Time</u>	<u>Year</u>
55 m	E Cheng	6.5	1/96
55m Hurdles	D landau	8.3	12/05
200 m	E Cheng	23.3	3/96
300 m	Mark Seibenhueener	37.27	1/12/22
400 m	D Fishbein	59.1	1/07
600 m	R. Beckerman	1:27.5	2/99
800 m	M Ferone	2:11.1	1/10
1000 m	J Rosenkrantz	4:37	1/95
1600 m	J Rosenkrantz	4:37	2/92
3200 m	M Cashman	9:38	2/92
Shot Put	A Jun	42' 10 ¼"	2/10
Triple Jump	V Stotis	38'3"	1/10
Long Jump	D Kim	19' 11"	1/8
High Jump	M Benjamin	5'11"	2/10
Pole Vault			
Weight Throw	Ethan Kaufman	46' 5.75"	2/6/23
4 x 200 Relay	Jaron Plotkin Noah Waldman Jeremy Hakimi Ryan Katz	1:38.37	2/9/23
4 x 800 relay	V Raju M Lewek B Levenson A Labrocca	9:02	2/92
4 x 1600 Relay	B Nordell M Khune R Klein J Bank	20:35	1/98
4 x 400	J Klaff J Rosenkrantz R Kasendorf E Chen	3:24	2/92
Mile Medley	E Bernstein J Symons A Mei M Khune	4:07	12/95
55 HH Relay	A Mei E Levine J Lee	27.9	1/97